

**FRIDAY 9/25- Sign Up Only-Delivery Only**  
**5:30pm to 6:30pm**

1. Apple Chutney Pork Chop<sup>GF</sup>  
 Fresh Apples, Cranberries, Cider Vinegar, Brown Sugar, All Spice
  2. Halibut w/ Fall Harvest Sauté<sup>GF</sup>  
 Pan Seared, Root Vegetables, Thyme
  3. Pecan Wild Rice Cakes w/ Mozzarella  
*Panko Breadcrumbs, Eggs, Green Onions, Sour Cream*
- Sautéed Zucchini and Bell Peppers<sup>GF</sup>  
 Roasted Fingerling Potatoes<sup>GF</sup>
- Salted Caramel Cheesecake

**Saturday Morning Breakfast Box**

**Saturday 9/26**

**9:00am - 10:00am**

**Delivery Only**

**Sign Up Only**

- Ham and Cheddar Egg Scramble<sup>GF</sup>  
 Or  
 Mushroom, Onion, Pepper Egg Scramble<sup>GF</sup>
- Blueberry Yogurt Parfait<sup>GF</sup>

**Sunday 9/27**

**12:00pm-1:00pm**

**Delivery Only**

**Sign Up Only**

- Old Fashioned Pot Roast and Veggies  
 Lemon Pepper Cod<sup>GF</sup>  
 Steamed Baby Red Potatoes<sup>GF</sup>  
 Broccoli Florets<sup>GF</sup>  
 Apple Crisp

**Regular Meal Options #3-6 Are Available Every Day of the Week For Sign Up Only At Regular Meal Price**

3. Chef's Choice Salad with Choice of Ahi Tuna or Grilled Chicken Breast<sup>GF</sup>
4. *Sirloin Steak*<sup>GF</sup>
5. *Lemon Dill Salmon*<sup>GF</sup>
- ★ 6. *Brown Butter Sage Butternut Squash Ravioli*
7. Baked Potato or Baked Yam<sup>GF</sup>

**Monday, Thursday, Friday, Sunday**  
**Regular Meal Price**

Dinner: \$12.75  
 Guest: \$14.85  
 Child: \$ 9.50

**Tuesday, Wednesday, Saturday**  
**Lunch and Breakfast Price**

Member: \$10.25  
 Guest: \$12.15  
 Kids: \$8.75

**Premium Meal Price**

Member: \$15.50  
 Guest: \$17.80  
 Child: \$12.25

<sup>GF</sup> Gluten Free    ★ New Item  
<sup>DF</sup> Dairy Free    <sup>V</sup> Vegetarian  
 GFA Gluten Free Available

**Questions? 612-746-1010    GF Options Available**

# Wellington Room

## Weekly Dining Menu

September 21st to September 27th 2020

### MONDAY 9/21

5:30pm-6:30pm

Delivery Only

Sign Up Only

Baked Chicken Tenderloin Strips

Creamy Dill Salmon (GF)

Mashed Potatoes and Gravy

Steamed Green Beans (GF)

Banana Cream Pie

### TUESDAY 9/22

5:30pm to 6:30pm

Delivery Only

Sign Up Only

Mushroom Bacon Swiss Burger  
on Brioche (GFA)

Or

Fish 'N Chips

Or

Black Bean and Veggie Taco Rice Bowl (GF)

### WEDNESDAY 9/23

12pm-1pm

Delivery Only

Sign Up Only

### Vegetarian Wednesday

Artichoke Olive Feta Roasted Tomato  
Flatbread

Roasted Garlic Rosemary and Goat  
Cheese Flatbread

### Thursday 9/24

12pm-1:00pm-Delivery Only -Sign Up Only

#### 1. Liver and Onions

Flour, Sautéed Onions and Bacon

#### 2. Fiesta Tilapia Filet

Tortilla Chip Crusted Tilapia, Fresh Pineapple, Cilantro, Red Onion

Mashed Potatoes (GF)

Balsamic Brussel Sprouts (GF)

Regular Meal Options

#3-6 are Available

Every Day of the

Week

By Sign Up Only at

Regular Meal Price

3. Chef's Choice Salad with Choice of

Ahi Tuna or Grilled

Chicken Breast (GF)

4. Sirloin Steak (GF)

5. Lemon Dill Salmon (GF)

★ 6. Brown Butter Sage Butternut Squash Ravioli

7. Baked Potato or Baked Yam (GF)



Gluten Free



New Item



Dairy Free



Vegetarian

GFA

Gluten Free Available

Questions? 612-746-1010

GF Options Available