

**FRIDAY 10/2- Sign Up Only-Delivery Only**

**5:30pm to 6:30pm**

1. Kobe Wagyu Beef Patty w/ Mushroom Demi Glaze <sup>(GF)</sup>  
*Grilled Kobe Beef, Garlic, Thyme, Red Wine, Button Mushrooms*

2. Basil Pesto Salmon <sup>(GF)</sup>

Fresh Basil, Toasted Pistachios

3. Tomato Mozzarella Manicotti

Stuffed with Ricotta

Sautéed Green Beans <sup>(GF)</sup>

Wild Rice and Mushrooms <sup>(GF)</sup>

Chocolate Overload Torte

**Saturday Morning Breakfast Box**

**Saturday 10/3**

**9:00am - 10:00am**

**Delivery Only**

**Sign Up Only**

Avocado Toast w/ Mix Green, Tomato, and Scrambled Egg

Meat Lovers Egg Skillet on Potatoes <sup>(GF)</sup>

**Sunday 10/4**

**12:00pm-1:00pm**

**Delivery Only**

**Sign Up Only**

Roasted Cranberry Game Hens <sup>(GF)</sup>

Sole Almondine <sup>(GF)</sup>

Wild Rice Blend

Green Bean Casserole

Carrot Cake

**Regular Meal Options #3-6 Are Available Every Day of the Week For Sign Up Only At Regular Meal Price**

3. Chef's Choice Salad with Choice of Ahi Tuna or Grilled Chicken Breast <sup>(GF)</sup>

4. *Sirloin Steak* <sup>(GF)</sup>

5. *Lemon Dill Salmon* <sup>(GF)</sup>

★ 6. *Grilled Vegetable Cilantro Lime Tacos*

7. Baked Potato or Baked Yam <sup>(GF)</sup>

**Monday, Thursday, Friday, Sunday**

**Regular Meal Price**

Dinner: \$12.75

Guest: \$14.85

Child: \$ 9.50

**Tuesday, Wednesday, Saturday**

**Lunch and Breakfast Price**

Member: \$10.25

Guest: \$12.15

Kids: \$8.75

**Premium Meal Price**

Member: \$15.50

Guest: \$17.80

Child: \$12.25

<sup>(GF)</sup> Gluten Free

★ New Item

<sup>(DF)</sup> Dairy Free

<sup>(V)</sup> Vegetarian

GFA Gluten Free Available

**Questions? 612-746-1010 GF Options Available**

# Wellington Room

## Weekly Dining Menu

September 28th to October 4th 2020

### MONDAY 9/28

5:30pm-6:30pm

Delivery Only

Sign Up Only

BBQ Pork Ribs <sup>(GF)</sup>  
Oven Baked Orange Roughy <sup>(GF)</sup>  
Baked Potatoes <sup>(GF)</sup>  
Sugar Snap Peas <sup>(GF)</sup>  
Pineapple Cole Slaw <sup>(GF)</sup>  
Mint Chocolate Chip Sundae

### TUESDAY 9/29

5:30pm to 6:30pm

Delivery Only

Sign Up Only

Philly Cheese Steak Sandwich  
Or  
Veggie Sandwich w/  
Cucumber, Spinach, Carrot, Red Onion  
and Chevre Spread (GFA)  
Or  
BBQ Grilled Salmon Salad <sup>(GF)</sup>

### WEDNESDAY 9/30

12pm-1pm

Delivery Only

Sign Up Only

### Vegetarian Wednesday

Stuffed Portobello Mushrooms w/  
Spinach and Goat Cheese (GFA)

Heirloom Tomato Creamy Pesto  
Linguine (GFA)

### Thursday 10/1

12pm-1:00pm-Delivery Only -Sign Up Only

1. Mushroom Sage Chicken Breast <sup>(GF)</sup>  
Button Mushrooms, Fresh Sage, Heavy Cream

2. Red Snapper w/ Zucchini and Fennel <sup>(GF)</sup>  
Garlic, Red Onion

Rice Pilaf  
Lemon Zest Asparagus <sup>(GF)</sup>

Regular Meal Options

#3-6 are Available

Every Day of the  
Week

By Sign Up Only at  
Regular Meal Price

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Ahi Tuna or Grilled  
Chicken Breast <sup>(GF)</sup>

4. Sirloin Steak <sup>(GF)</sup>

5. Lemon Dill Salmon <sup>(GF)</sup>

★ 6. Grilled Vegetable Cilantro Lime Tacos

7. Baked Potato or Baked Yam <sup>(GF)</sup>

(GF)

Gluten Free

★

New Item

(DF)

Dairy Free

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Vegetarian

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