

January 22-28

| MONDAY 1/22 | TUESDAY 1/23 | WEDNESDAY 1/24 | THURSDAY 1/25 | FRIDAY 1/26 | SATURDAY 1/27 |
|--|--|---|--|--|--|
| 7:30 am WR Meditation | 8:00 am WR Stretchers | 7:30 am WR Meditation | 8:00 am WR Stretchers | 7:30 am WR Meditation | 9-10 Breakfast |
| 8:15 am WR Yoga | 9:00 am WR Men's Yoga | 8:15 am WR Yoga | 9:00 am WR Men's Yoga | 8:15 am WR Yoga | |
| 9:30 am WR Yoga | 9:30 am Bus HV/MM | 9:30 am WR Yoga | 10:00 am CR Theos Circle | 9:30 am WR Yoga | |
| 10:00 am KS Support Group | 10:00 am CC Cards & Crafts | 9:30 am Bus E Homes Pool | 10:15 am Meditation Room AA Meeting | 10:00 am SOL or patio Yarn Group | SUNDAY 1/28 |
| 11:00 am WR T'ai Chi Chih | 10:00 am WDR Bible Study Brad Holt | 11:00 am WR T'ai Chi Chih | 11:00 am WR Pilates | 10:00 am CC Quilting and Crafts | |
| 12:30 pm KS Gardens Committee Mtg | 11:00 am WR Pilates | 12p-1 pm Lunch | 12:00 pm CR Becketwood Buzz Meeting | 11:00 am WR Qi Gong | |
| 1:30 pm WR Mah Jongg | 5:30 pm DR Dinner | 3:00 pm WR Choir Rehearsal | 12:00 pm DR Lunch | 2:00 pm WR Duplicate Bridge | 6:30 pm DR Alternative Cinema hosted by the Ryden's <i>Hatchi - A Dog's Tale</i> |
| 2:00 pm EDR Letter-Writing | 7:00 pm CS Game Night | 3:30 pm WR Lessons and Prayers | 12:30 Bus MIA | 4:00 pm SOL or patio Happy Hour | |
| 2:00 pm CC Tree and Shrub Committee | | 6:30 pm DR Alternative Cinema hosted by the Ryden's <i>2001: A Space Odyssey</i> | 1:00 pm Bus HV/CUB | 5:30 pm Dinner | |
| 4:30 pm CR Digi Com | | | 2:30 pm DR, WDR, EDR Cookie Cart | | |
| 4:00 pm SOL or patio Happy Hour | | | | | |
| 5:30 pm Dinner | | | 7:00 pm DR Program: Gary Stamm in the role of FDR | | |
| 7:00 pm WDR Cribbage | | | | | |