October 26 - November 1, 2026

MONDAY 10/26	TUESDAY 10/27	WEDNESDAY 10/28	THURSDAY 10/29	FRIDAY 10/30	SATURDAY 10/31
7:30 am WR Meditation **8:15 am WR** Yoga **9:30 am WR** Yoga **11 am WR** T'ai Chi Chih **1 pm C Arts** Class: Moveable Parts Postcards w/ Mimi Holmes **1:30 pm WR** Mah Jongg **2 pm EDR** Letter Writing **4 pm SOL** Happy Hour **5:30 pm DR** Dinner **7 pm WDR/CS** Cribbage & Game Night	**8 am WR** Stretchers **8 am CHP** Buddhist Sangha **9 am WR** Men's Yoga **10 am C Arts** Card Recyclers **11 am WR** Pilates **2 pm DR** BASE Training **3 pm WDR** Harlots and Heroines w/ Diane Jacobson **4 pm Pkwy** Good Trouble Tuesdays **5:30 pm DR** Dinner	**7:30 am WR** Meditation **8:15 am WR** Yoga **9:30 am WR** Yoga **11 am WR** T'ai Chi Chih **12 pm DR** Lunch **12 pm WR** Men's Yoga **1:15 WR** Member Stories: John Wells *Iceland on Wheels* **2 pm DR** Election Day Action Planning **7 pm WR** Program: Frannie Crego	**8 am WR** Stretchers **9 am WR** Men's Yoga **10:15 am CHP** AA Meeting **11 am WR** Pilates **12 pm DR** Lunch **12 pm WR** Westminster Town Hall (Streamed) **1 pm Bus** Shopping: Highland Village **1 pm Fitness Ctr.** Strength Training **2:30 pm DR** Cookie Cart & Cider Pressing **3:30 pm LIB** Learn About our Library **7 pm DR** BASE Training **7 pm WR** Non-Violence Training	**7:30 am WR** Meditation **8:15 am WR** Yoga **9 am DR** Tech Help Desk **9:30 am WR** Yoga **10 am SOL** Yarn Group **11 am WR** Qigong **1 pm DR** Minnehaha Academy Halloween Parade **4 pm SOL** Happy Hour **4 pm WR** Conflicted Cowboys Video **5 pm DR** Cowboy & Western Music **5:30 pm DR** Dinner **6:45 pm DR** Costume Contest & Cowboy Melodrama	**9 - 10 am DR** Breakfast **10:30 am WDR** Ukulele Practice --- **SUNDAY 11/1** **9 am WR** Men's Yoga **12 pm DR** Lunch (Delivery Only) **3 pm CHP** Remembrance Service **Location Key** Chapel - CHP Coffee Shop - CS 4th Fl. Conf Room - CR Creative Arts - C Arts E. Dining Room - EDR Game Room - GR Kensington Sq - KS Library - LIB North Commons - NC River Parkway - Pkwy Solarium - SOL Wellington Rm - DR W. Dining Room - WDR Windsor Room - WR